



## North Olympic Peninsula Youth Lacrosse

Home of the Port Angeles Sequim Mountaineers

**MOUNTAINEERSLAX.ORG**

### **TO ALL LACROSSE PLAYERS & FAMILIES**

Welcome to lacrosse! We have many details to share with you. Please note the following:

**Register:** To register your son and/or daughter, please visit our website at [www.mountaineerslax.org](http://www.mountaineerslax.org). Registration can be done on line (including payment using PayPal) or forms can be downloaded.

**Lacrosse Season:** North Olympic Peninsula Youth Lacrosse (NOPYL) is active year-round. However, the official "season" begins early March. Official practice begins in February. The schedules are posted on our website [www.mountaineerslax.org](http://www.mountaineerslax.org).

**Communication:** It is imperative that we have valid email addresses for the players and their parents/guardians. All NOPYL communications are via email and posted on the website [www.mountaineerslax.org](http://www.mountaineerslax.org). It is your responsibility to check this website frequently. We will not be making phone calls to inform you of team information unless specifically requested.

**Team Parents:** Each team is seeking a team parent to help with arranging transportation to/from games. We also need a sideline manager and someone responsible for sending notices and reminders. Please speak to the coach(es) if you are able to be a team parent and/or sideline manager.

**Pay to Play Fees:** **\$125** for the first player; **\$75** for the second player; **\$50** for the third player. Registration and credit card payments can be process on line at our website. In person payments can be made via cash, personal checks or credit cards. Please make checks payable to NOPYL. ***Scholarships are available through the Nick Wright Memorial Scholarship Fund. Scholarship applications are available on our website.***

**Volunteering:** Our main fundraiser is selling smoked sea salts. The salt is imported from New Zealand and smoked locally in Port Angeles. There are four flavors, apple, alder, cherry & hickory. Vats of the smoked salts are generously donated to our organization for resale. NOPYL volunteers jar, seal, label and shrink wrap into sets. We then sell wholesale and retail. 100% of the proceeds help fund league/officiatings fees, equipment, uniforms and practice pinnies and scholarships. We ask every family to purchase five shaker sets per season and resell them to family, friends, co-workers, neighbors (keep or gift them).



## North Olympic Peninsula Youth Lacrosse

*Home of the Port Angeles Sequim Mountaineers*

**Physicals:** Physicals are valid for *two* years. If your player has not had a physical since January, 2011, he/she will be required to obtain one before being eligible to practice. If your player needs a physical, medical forms are available on our website ([mountaineerslax.org](http://mountaineerslax.org)). Complete physicals are due before being allowed to practice.

**USLacrosse membership:** You ***must*** obtain a USLacrosse membership to be eligible to play. The link to their website is listed on the right side of our website. Player fees are \$35 for high school; \$25 for middle school. Once your membership has been obtained, please forward a copy of your USLacrosse membership confirmation to Club Secretary Shauna at [secretary@mountaineerslax.org](mailto:secretary@mountaineerslax.org). USLacrosse membership fees are **not** covered by the Nick Wright Memorial Scholarship Fund.

**Uniforms (high school players):** We have uniforms that will be “loaned” to registered players. Our equipment manager, Mary DeFilippo will handle the distribution of uniforms. Please note, this is a 1<sup>st</sup> come, 1<sup>st</sup> served basis. Once issued, it becomes the player’s responsibility to care for the uniform and to return it at the end of the season (date/location to be determined).

**Middle school boys’ and girls’ uniforms** and equipment will be provided for by NOPYL. Once issued, it becomes the player’s responsibility to care for the uniform and to return it at the end of the season (date/location to be determined). Players are responsible for providing their own mouthguard; athletic supporter and cleats.

**Any equipment not returned at the end of the season in a timely manner, willfully damaged or lost will become the parent’s responsibility for reimbursing NOPYL for its full replacement value.**

**Field maps:** You will find maps and directions to playing fields on our website. The links are located on the right side on our webpage under “calendar.” If you have questions or need additional information, please contact your team parent.

**General Meetings:** General meetings are held on the 4<sup>th</sup> Wednesday of every month at the Agnew Good Neighbor’s Hall, Barr Road (directly across from the practice fields). The next general meeting will be announced via email.



## North Olympic Peninsula Youth Lacrosse

*Home of the Port Angeles Sequim Mountaineers*

**Website:** PLEASE bookmark our website and check it frequently. **Our web address is MOUNTAINEERSLAX.ORG.** NOPYL information is added regularly. We also currently have two official Mountaineers Facebook pages. This is not our official means of communication – Please use our website MOUNTAINEERSLAX.ORG. The FB pages are a place for the players to post pictures and friendly comments. Please be advised that any FB posting or activity that the board deems inappropriate will be deleted. Serious offenders will be banned from the Official Mountaineers' FB pages.

**Board Members: President,** Sharon Prosser; **Vice President** Brenda Carpenter; **Secretary,** open; **Treasurer,** Karl Wood; **Board Trustees:** Mary DeFilippo, Vic Wright, Harrison Hinds, John Farrington, Erik Mordecai-Smith, Mike Middlestead. **Contact information is located on our website under “about us”.**

### **Coaches:**

High School: Head Coach Dave Farrington; Assistants: John Farrington, Justin Witherow

Middle School: Head Coach Lee Biladeau; Assistant: Kyle Cuttie, Jason Dorsey, Nick Dostie

Girls: Head Coach Victoria Jones and Erik Mordecai-Smith

**Best wishes for a successful season. NOPYL**